

Break The Silence Inaugural Conference 8th June 2018



Welcome



**Break the
Silence**

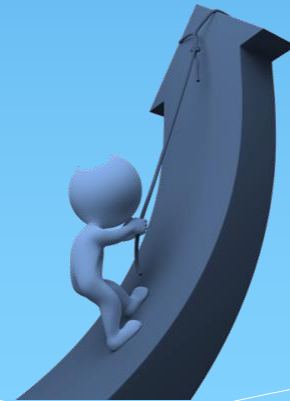
Break the Silence

Founded in 2004 by Kate Short
who realised there was a need
for more survivor services



Cases of child sexual abuse rise in Scotland

4,762 offences recorded by Police Scotland in 2016/17, up 9% on previous year



Rape statistics also show an increase

Rapes in Scotland have risen by 4% in the past year and attempted rapes by 5%.



**Break the
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NSPCC statistics 2011

25% of 18-24 year olds suffered severe maltreatment including sexual abuse as children.



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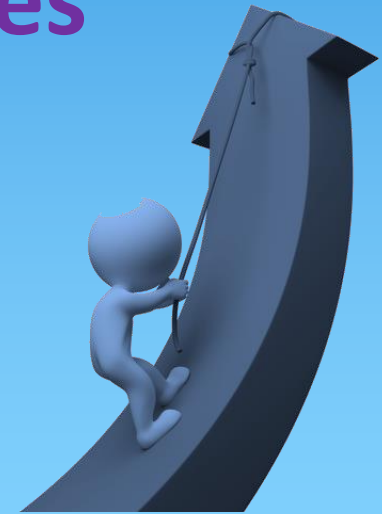
In the period
1st April 2017 to 31st March 2018,
BtS supported 478 people and received
415 new referrals for support
Moving On supported 203 people and
received 142 new referrals for support



Referrals have increased Ayrshire wide

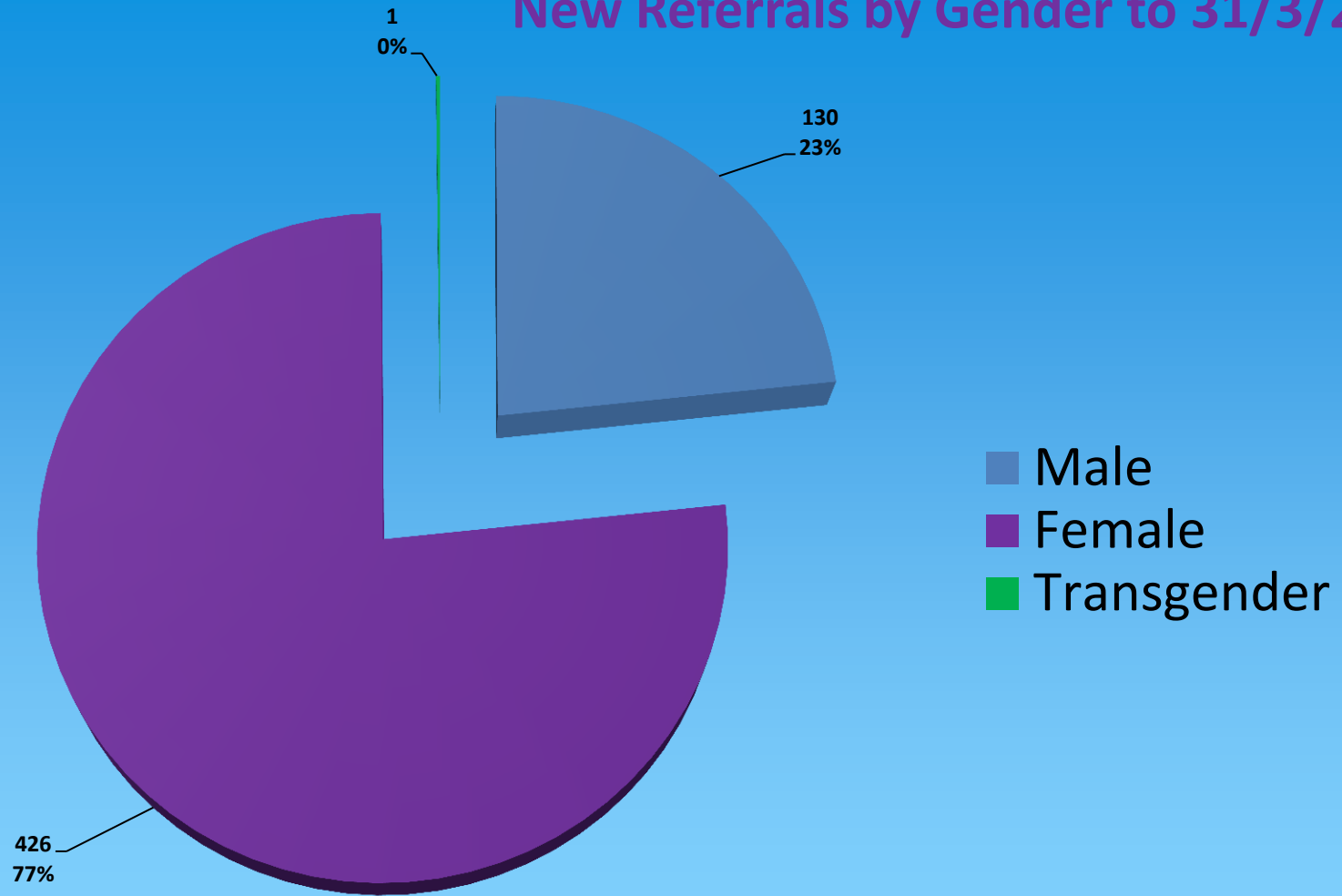
+28%

on last year's figures



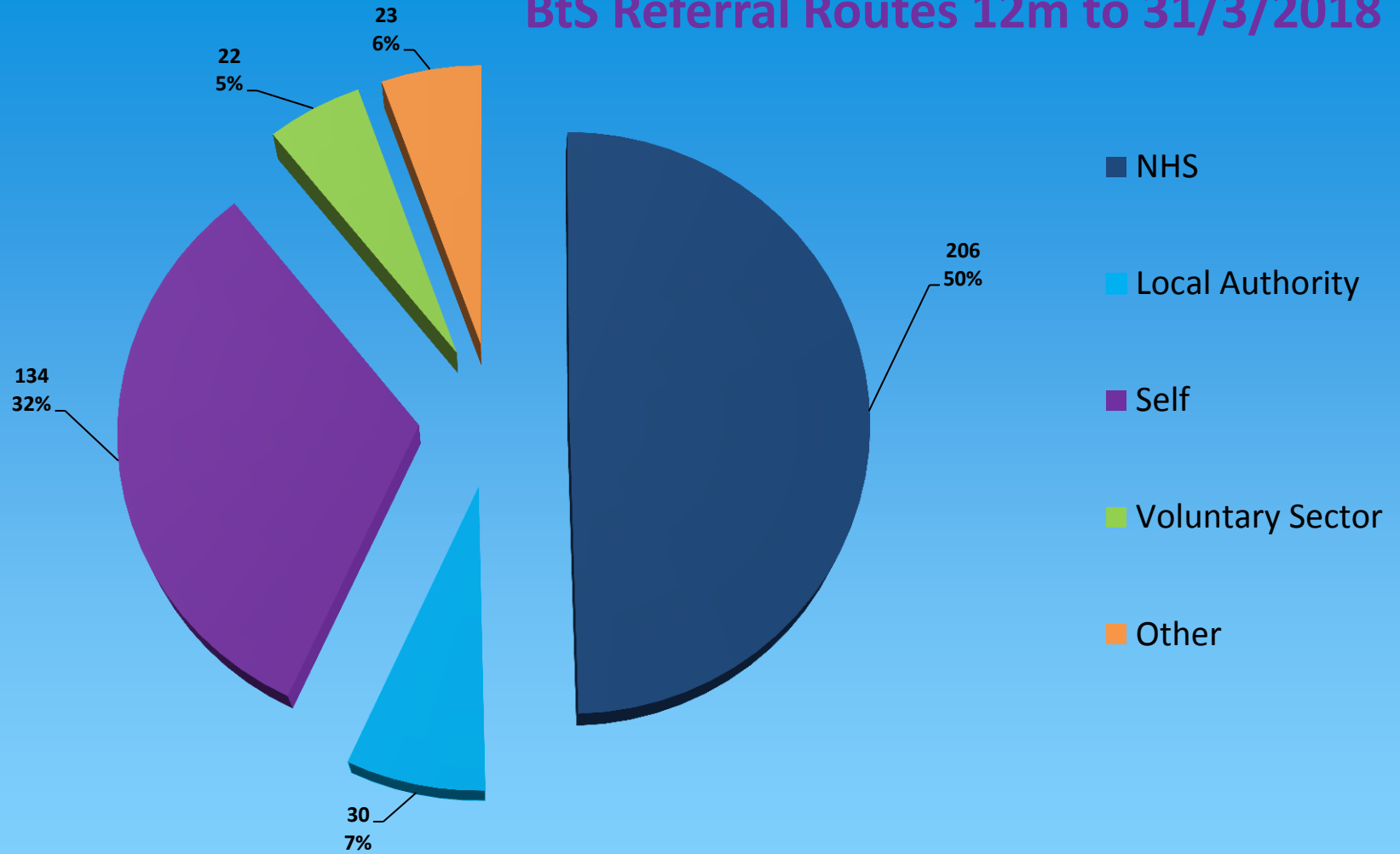
**Break the
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New Referrals by Gender to 31/3/2018



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BtS Referral Routes 12m to 31/3/2018



**In the 12 month period
to 31st March 2018
Break the Silence offered
2,709 counselling sessions
Moving On offered
1,250 counselling sessions**



Break the Silence also delivered
872 hours of group activities,
1,151 hours of complementary therapy

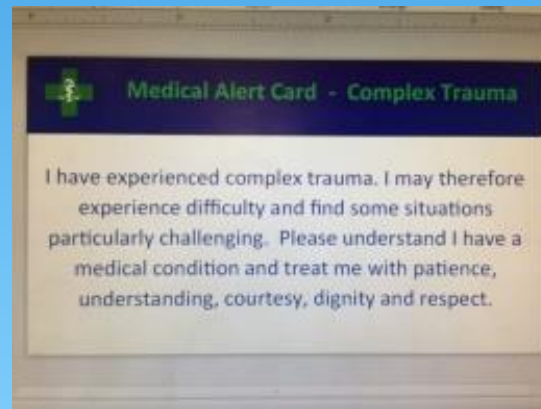


and 115 hours of EMDR

Eye Movement De-sensitisation and Re-processing



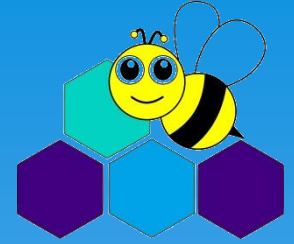
Trauma Card



MVP Programme

Early intervention

Awareness raising in schools



Thank you for listening

There will be a panel Q&A session this afternoon where questions can be put to all speakers



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